# THE LINK & OPTION CENTER, INC.

## **Integrated Health Home**

A New Service for Better Coordinated Holistic Healthcare

#### What is an Integrated Health Home (IHH)?

- IHH is not a "home," but a way of caring for your whole health.
- An IHH healthcare team will work with you to meet your overall health needs. This team includes a Care Coordinator, Social Services Specialists and a Nurse Care Manager.

#### Where does IHH get referrals from?

- Medical and Mental Health Providers
- Social Service Providers
- Educational Facilities
- Law Enforcement
- Family and Friends

#### How can it help me?

- Achieve your health goals through partnership with your existing healthcare team.
- Focus on your choices, your strengths, good health and wellness.
- Provide support services for you and your family members.
- Arrange transportation to healthcare appointments if needed.
- In addition to the same behavioral health provider you have now, you also will have a primary care provider and access to peer support services.

#### Who can receive services?

To meet eligibility, you must have two or more Chronic Conditions, such as, but not limited to:

- Alcohol or Substance Abuse
- Mental Health Condition
- Cardiovascular Disease (e.g., Diabetes)
- Respiratory Disease (e.g., Asthma)
- Complex Trauma
- SED (Severe Emotional Disturbance)

For a complete list of Chronic Conditions, visit the DOH website http://www.health.ny.gov/

#### Who does IHH partner with?

- Advocate South Suburban Hospital
- Advocate Trinity Hospital
- Ingalls Memorial Hospital
- Hartgrove Hospital
- Beloved Community Family Wellness Center
- OMNI Health Care
- 7 Hills Healthcare

### How do I sign up?

Call The Link & Option Center/
Integrated Health Home (IHH) and speak to our Care Coordination Team.



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