

*The best gift you can give
yourself and family is good
health!*

HOW DO I SIGN UP?

Call The Link & Option Center/Integrated Health Home at (708) 331-8111 and speak to the Care Coordination Team.

WHO DOES IHH PARTNER WITH?

- ⇒ Advocate Trinity Hospital
- ⇒ Beloved Community Family Wellness Center
- ⇒ Hartgrove Hospital
- ⇒ Ingalls Memorial Hospital
- ⇒ OMNI Healthcare
- ⇒ 7 Hills Healthcare Center



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CALL TODAY!
708-331-8111



Your Team includes you, your primary care provider and other care providers, and may also include community supports.

Your Team is centered around you and your health. Your Team will work with you to make the best decisions on your health as possible.

THE LINK & OPTION CENTER, INC.

Integrated Health Home

**Where Care Comes
Together**

**Comprehensive Care
Management to assist children,
adults and their families in
managing both their physical
and behavioral health needs.**



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The Link & Option Center, Inc., Integrated Health Home

What is a Health Home?

A Health Home is not a place where you live. It is a team of people who help you manage your health care needs. The goal of The Link & Option Center's Integrated Health Home Program is to help you be the healthiest and keep you in control of your life.



What services does a Health Home provide?

The Link & Option Center/Integrated Health Home providers offer the following services to members:

- Comprehensive care management
- Care coordination
- Health promotion
- Comprehensive transitional care and follow-up
- Family and patient support services
- Referral to community and social services

Who can receive services?

To meet eligibility, you must have two or more Chronic Conditions, such as, but not limited to:

- ⇒ Alcohol or Substance Abuse
- ⇒ Mental Health Condition
- ⇒ Cardiovascular Disease (e.g., Diabetes)
- ⇒ Respiratory Disease (e.g., Asthma)
- ⇒ Complex Trauma
- ⇒ SED (Severe Emotional Disturbance)

For a complete list of Chronic Conditions, visit the DOH website <http://www.health.ny.gov/>

A Health Home Team helps you:

- ◇ Manage your medical conditions and medications
- ◇ Remember your appointments
- ◇ Find providers and specialists
- ◇ Understand your medical tests and results
- ◇ Follow and understand provider instructions
- ◇ Work with providers and specialists to help you get healthy and stay healthy
- ◇ Learn how to prevent illnesses or complications
- ◇ Answer health questions and address concerns
- ◇ Find transportation to medical appointments

How is it different from other Care Management?

The Link & Option Center's Care Coordinators are trained to consider all of your needs: the needs of the whole person. Therefore, you receive support in areas you may not have had assistance with before including housing, legal and becoming involved in social or community activities. The help you receive is driven by your goals and the needs you identify in meeting those needs.

What are the people that I would be working with like?

The Link & Option Center's Care Coordinator Team are caring individuals who talk with you about your goals, your needs and what will make your life meaningful. They also know where to go and who to talk with in order to make sure these needs are met as quickly as possible and you have the supports needed for recovery.

What happens to my primary care physician and counselor?

The Link & Option Center's Care Coordinator shares the Care Plan that you have developed together with your physician, your counselor and other service providers. The Care Plan explains the work being done by The Link & Option Center/IHH Team to support your goals. Every person involved in your Care Plan works together to make sure your well being is a top priority.